

#### Peace Lutheran Church

3340 Eleventh Avenue South,
Great Falls, Montana 59405
Office: 406-761-7343
Rev. Joshua Reinke, Pastor
Fax 406-452-3884
November, 2024
www.peacelutherangreatfalls.org

15 And let the peace of Christ rule in your hearts, to which indeed you were called in one body. And be thankful. 16 Let the word of Christ dwell in you richly, teaching and admonishing one another in all wisdom, singing psalms and hymns and spiritual songs, <sup>r</sup>with thankfulness in your hearts to God. Col. 3:15-16

Dear brothers and sisters in Christ,

When is the last time you have said thank you to someone? November has many holidays. Thanksgiving, clean your refrigerator day, have a party with your bear day, as well as many more, including Caregiver Appreciation Day. It is a month full of holidays to give thanks to God for a wide variety of reasons.

It is important to give thanks because of the impact it can have on people. A simple word of thanks can be lifechanging for people. It can instantly make someone's day brighter. It can bolster someone's spirits when they are having a horrible, no good, rotten day. It can even help you. According to a 2014 study published in Emotion, they found that thanking a new acquaintance makes them more likely to seek an ongoing relationship. Grateful people experience fewer aches and pains and report feeling healthier than other people, Grateful people exercise more often and are more likely to attend regular check-ups, which is likely to contribute to further longevity. Gratitude reduces a multitude of toxic emotions, from envy and resentment to frustration and regret. Robert Emmons, a leading gratitude researcher, has conducted multiple studies on the link between gratitude and well-being. His research confirms that gratitude effectively increases happiness and reduces depression.

Being thankful is hard because our sinful nature does not always like to be thankful. We do not always want to be nice to others. We often want to hold a grudge or not do nice things for others. Even a simple thank you is hard. We want to use them for our own wants, desires, and gains. We think it's owed to us rather than being given out of thanks and generosity.

Yet, Saint Paul reminds us that we should be thankful. Thankful to others because of how richly Christ has blessed us. Jesus took all of our sins upon Himself, including our sins of selfishness, of unthankfulness, and took all of our punishment in order to give to us the forgiveness of our sins, the salvation of our souls, and life everlasting.

Let us continue this month, and every month, to be thankful for the rich blessings that we have in Christ.

Your Servant in Christ, Rev. Joshua Reinke

# **Ladies Bible Study**

November brings the beginning of the holidays with a focus this month on gratefulness. On the 11<sup>th</sup> we honor and thank veterans of the military for the years of service that they gave to protect our way of life and our country. On the 28<sup>th</sup> we celebrate Thanksgiving remembering the blessings God has showered on us during the year. In thanking God for our blessings, we also remember those in need whom we can help.

Paul in writing to the Philippians encourages us in Chapter 4, verse 6: "Do not be anxious about anything, but in everything, by prayer and petition, with thanksgiving, present your requests to God." The Friday Ladies Bible Class will be examining this teaching about thankful prayers and others in their study of Philippians. Come and join them from 1-3pm on November 1<sup>st</sup> and 15<sup>th</sup> at the home of Marge Johnsten, 3000 8<sup>th</sup> Avenue South.

Come to "raise a song of harvest home" with the Assisted Living Ministry as they bring hymn singing and a devotion to residents. On Friday, November 22nd from 1:30-2:30pm they will be at Highgate Senior Living, 3000 11th Avenue South. Before the Highgate activity, there will be a no host lunch at 11:45am at The Montana Club, 907 Smelter Avenue NE. Pastor Reinke will hold a worship service at The Lodge, 1801 9<sup>th</sup> Street South, on Wednesday, November 13th at 1:30pm. On Monday, November 18th at 1:30pm he will be at Highgate for worship.

# Thanksgiving Day Worship Service at Peace

We will once again have **Thanksgiving Day Worship Service at 10:30 a.m.** on November 28. It is the Order of Matins without Communion. During the service there will be a non-perishable food offering that will be taken to the Great Falls Rescue Mission. Following the service, we will have a time of fun, games and fellowship while we await the meal. There is a sign-up sheet posted and a tentative menu. Please sign your name and the number of people in your family and indicate what you will be bringing to add to the meal. We all have sooo much for which to give thanks!

## LWML

- ▼ Our next meeting and Bible study will be Saturday, November 9 at 11:00 a.m. We will have a guest speaker from Great Falls Rescue Mission and an ingathering of hats, gloves, and mittens. All are welcome to come and hear the guest speaker.
- ♥ On Saturday, November 30, at 11:00 AM, we will be decorating the church for the Christmas season. People young and old are asked to come and help for as long as their schedule allows.
- **▼** Advent potluck meals begin on Wednesday, December 4. Please bring a dish to share. Please plan now to attend!
- **♥** We will have a baking day on Saturday, December 14. We will be baking things for the shut-ins that we go caroling to on Sunday, December 15.

### A Life Quote from Lutherans For Life

"For no one of those who are alive today knows where he was during the first two years, when he lived either in the womb ... Yet he lived at that time, and he was a body joined to a soul—a body adapted to all natural functions." *Martin Luther – A Life Quote from Lutherans For Life* • *lutheransforlife.org* 

**Toni Nivens** for the getting the flowers for the altar for LWML Sunday.

**Everyone** who donated treats for our fellowship time for LWML Sunday. **Linda Aguiar** for putting up the LWML bulletin board.

**Everyone** who participated in Trunk or Treat.

All those who volunteer to teach Sunday school and Bible studies throughout the week.

Tristin Reinke, Val Martin and Gloria Creek for playing the organ and piano during our worship services.

Elsie Huss for changing the banners and paraments.

**Bob Fletcher** for cleaning the church.

**Everyone on the Prayer Chain** for their time and prayers.

**Everyone** who has donated treats for our fellowship time.

**Everyone** who cleans the kitchen after Bible study on Sundays and Wednesdays.

**All of the men** who volunteer to usher.

**Everyone** who counts the offering.

Cheri Magnuson for cleaning the Communion linens.

This list is not inclusive. Please accept our apologies if we have missed giving you credit for serving the Lord in any fashion. We know that the Lord knows your service to Him.



## Raptismal Anniversaries

4

November

- Val Martin
- Brenna Johnson
- 12 Rachel Manley
- 15 Kaylee Lewis
- Katherine Northrup 22
- 22 August Birkholz
- 22 Josie Askeland
- 24 Betsy Wirth
- 26 Alan Brown

#### **Next Voters meeting** will be **Sunday**, **November**

**3 at 12 noon**. There will NOT be a potluck meal.

We will be discussing the budget and some other very important issues and hope that you plan to come and be a part of the decision process.

Copies of the budget are available on the usher stand at the back of the sanctuary. Feel free to take one and look it over before the meeting. Come with any questions, comments or concerns.

#### **November ushers:**

- 3 Lyle and Andrew Onstad
- 10 Arnie Gidlow and Greg Franczyk
- 17 Jeff Blomgren and Brian Mittlestedter
- 24 Mitch and Taylor Martin



#### **INCLUDE THESE PEOPLE IN YOUR PRAYERS:**

The following people are experiencing health problems:

**Ben Aagaard** – 11 year old with liver cancer

Marylan Dallum – health issues - Fort Benton

**Jody Decker** – health issues - Fort Benton

**Michael Drummond** – Lupus

**Rev. Mark Grunst** of Billings who has Lewy

Body disease

**Connie Juden** – Health issues

**Rev. Erich Kaelberer** – ALS

**Bruce Kempf** – health issues

Rachel Manley – cancer

Eloise Morehead – health issues

**Becky Schlund - MS** 

**Steven Schlund** – Parkinsons

Rev. John Vallie – Alzheimer's Disease



# Advent is Coming!! Join us for 3 Wednesdays beginning December 4 for Advent potluck meals at 6 PM followed by worship at 7 PM.

## The Nativity: Songs of God and Men

- 1. Advent Midweek 1: The Song of Zechariah, Luke 1:67–80
- 2. Advent Midweek 2: The Song of Elizabeth, Luke 1:39-45
  - 3. Advent Midweek 3: The Song of Mary, Luke 1:46–56
- 4. The Nativity of Our Lord: The Song of the Angels, Luke 2:1–20